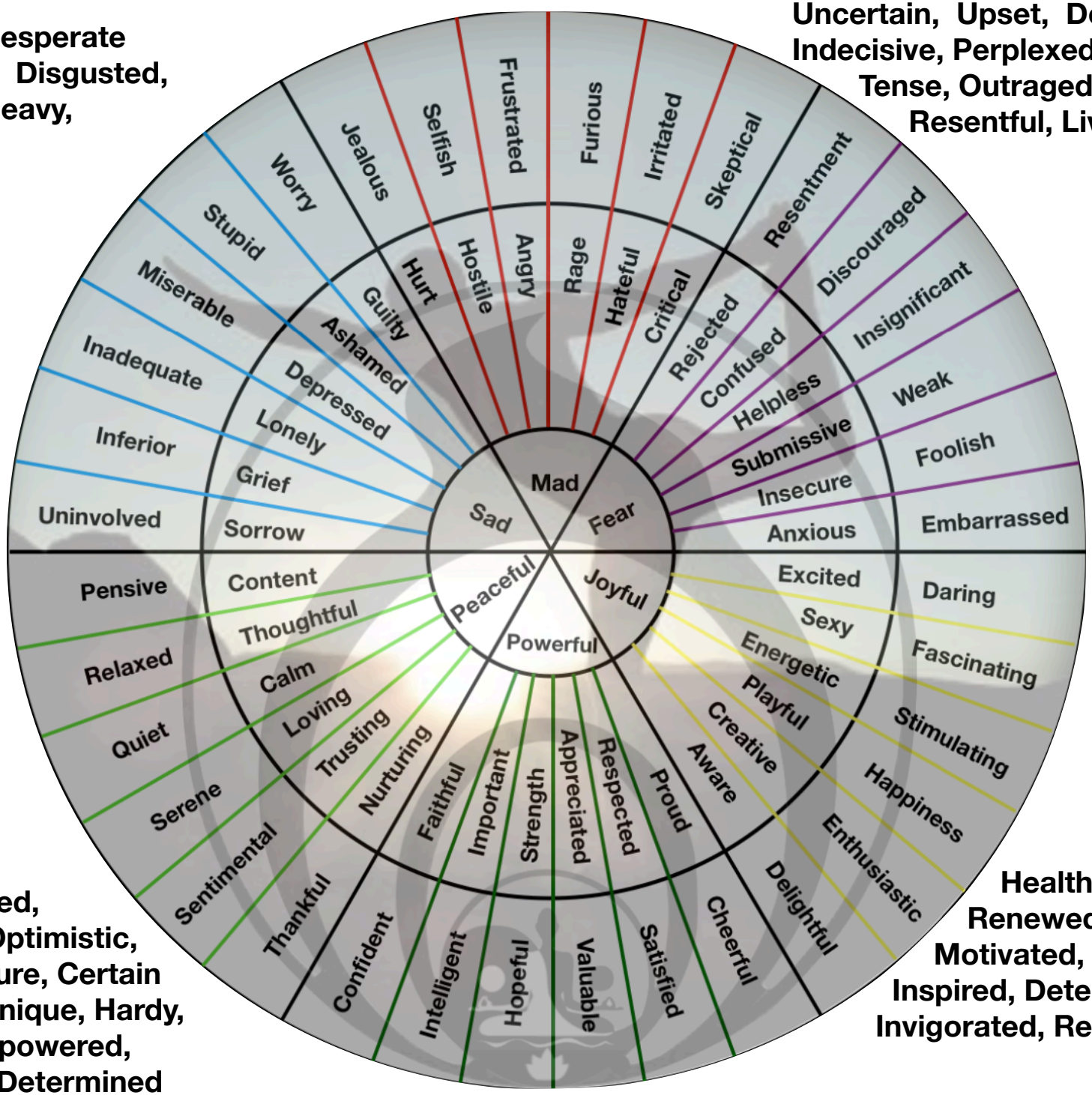
Worry Desperate
Crushed, Disgusted,
Upset, Heavy,

Uncertain, Upset, Doubtful,
Indecisive, Perplexed, Shy, Lost,
Tense, Outraged, Agitated,
Resentful, Livid, Bitter




Glad, Pleased,
Charmed, Optimistic,
Grateful, Sure, Certain
Dynamic, Unique, Hardy,
Secure, Empowered,
Ambitious, Determined

Healthy, Creative
Renewed, Vibrant,
Motivated, Focused,
Inspired, Determined,
Invigorated, Refreshed